# THE LOPHAMS' NEWS

No.382

PUBLISHED EACH MONTH SINCE 1982

MARCH 2014

#### St Andrew's School

St. Andrew's pupils, parents, staff and governors are currently enjoying half term, following a busy six weeks!

Last term many pupils took part in a very successful talent show. There were solo, duet and group acts involving singing, dancing, musical performances and technological presentations. This was then followed by a valentine breakfast organised by FOSTA and a valentine cake stall organised by School Council. Year 5 and 6 also successfully took part in South Norfolk Cross Country while year R, 1 and 2 enjoyed a visit from Anglian Water.

St. Andrew's now looks forward to the forthcoming events: Horrible Histories, Hi 5 Netball, Football and Charlie and the Chocolate Factory.

#### St Andrew's Pre School

Despite the very wet weather, there is always something exciting for our children to do at Pre School. We are currently running sessions on Mondays 8.45 - 11.45, and Wed/Thurs 8.45 - 15.15. Do note that **all** 3 year olds are entitled to 15 hours of free sessions each week.

We are sad to announce that we will soon be losing Tonya, our Pre School Manager. She will be dearly missed by all the children, but we wish her the greatest luck in her new venture.

This means we will be advertising for someone to take her place. If you, or someone you know, is interested in this role, please contact Jess Meek for more information and a full application pack, on 07955 726339 / 01379687994 or email jlmeek@hotmail.co.uk.

We are always looking for parents and friends to join our voluntary Pre-School committee. All help is appreciated, no matter how big or small. Right now we need someone with a flair for Fundraising and a Handyperson to help with odd jobs and repairs. Please contact the Pre

School if you think this could be you!!

Please pop in or contact Jan and Tonya on 07962 219523 or attwood145@btinternet.com.

#### Lophams' Village Hall

Committee members are always on the look out for **new ideas and ventures** at the hall - There will be a **vintage motorbike event in May.** We are currently thinking ahead to the autumn and the anniversary of the start of World War 1. Please do get in touch if you have an idea, especially if you would be prepared to help with the planning!

Work has recently been completed in the kitchen - many thanks to Ted and Kevin Pilmer for installing new cupboards and easily operated doors to the serving hatch

The Lottery is a fun way to support the hall development fund, with three chances each month of winning a prize. January's winners were: first prize of £180 - J & D Carr, with second prizes of £45 going to A Loomes and J Doust. Copies of the full rules and entry forms are available from promoter, Eileen, tel; 01379 687608, from Village Hall Treasurer, Tim Colyer, tel; 01379 687718, from other Village Hall Committee members (see website for details), or at the Farmer's Market and at Village Hall Events.

**Farmer's Markets** are on the fourth Saturday each month, from 9am to 12.30pm. The March Market is on 22<sup>nd</sup>. For details, call Mike on 01379 687235.

Judo is on Mondays & Wednesdays - (Details from Howard on 01379 688258).

**Dog Training** is held most Tuesday evenings, our trainer Elaine (07845 776110) will provide information.

**Lopham Art Group:** meets on Wednesday mornings from 9.30am. The cost is £20 each per month, and includes refreshments and a visit from an 'expert' once each month. Contact 01379 687882 for more details.

Yoga with P: is on Thursdays in the early evening. Booking is essential, so contact pieternella.jarvie@gmail.com (01379 890955 or 07932010720).

**To book the hall** for private functions, please contact 01379 687679. To find out more about the hall generally, visit the website at www.lophamsvillagehall.co.uk .

### Lophams' Ladies

Meeting on the first Tuesday of the month in the Village Hall.

At our afternoon meeting in February, we welcomed newcomers and visitors to hear Martin Fayers, a Tai Chi teacher, talk about this ancient art. Originally a martial art, nowadays Tai Chi is mainly practiced for it's health benefits. Martin demonstrated one of the training forms and led us all into "having a go".

In March we resume to our evening time of 7.15pm for 7.30pm and look forward to welcoming Ken Samman from the "Garden Enclosure" at Banham Zoo. Ken will bring along a selection of plants and talk about ways to brighten up our gardens for the coming season.

Once again newcomers and visitors are always welcome - phone 01379 687337 for details.

# Garden Club

We held our first meeting of 2014 on 5<sup>th</sup> February, when Jamie Blake gave a presentation entitled "The Alan Bloom Years." It was a fascinating evening about Alan's life and showed how his early hardships and experiences shaped him and enabled him to achieve so much during his lifetime.

Our next meeting is on 5<sup>th</sup> March, when we shall hold a short A.G.M. followed by a presentation entitled "Garden Antiques" by David Holmes.

Looking further forward, Guy Barker will give a presentation entitled "Spring Collection on  $2^{\rm nd}$  April.

We hold our meetings on the first Wednesday of each month at Blooms of Bressingham Garden Centre at 7.30pm. Visitors and new members are always very welcome. Please call 01379 687833 for any further details.

#### **North Lopham Parish Council**

Thank you to our one volunteer to tidy Letchmere; any others willing to help are asked to contact the clerk.

#### The Lophams' Society

The Lophams' Society's popular **spring quiz** will take place on Friday 28<sup>th</sup> March at the Lophams' Village Hall. Teams of up to six are invited to take part and there will be a prize for the winning team. Entry is £7 per person, which will include a hot supper in the interval. There will also be a bar and raffle. Doors open 7pm for a 7.30 start. The quiz is always a popular event in the Lophams' calendar so for those quizzers wishing to book a table in advance, please contact Granville Horan on 01379 640355 to be sure of a place.

#### King's Head Carol & Auction Event

On 16<sup>th</sup> February the £2,000 raised at the 2013 Carol & Auction event was presented to four worthy causes. £650 each to the Norfolk & Waveney Big С cancer charity and the Stroke Association and £350 each to St Andrew's Pre School and Lopham's Kumo Judo Club.

#### St Nicholas' Church

**Diss Team Ministry:** We have been working as part of a Team centred on Diss since the beginning of 2013. A draft Scheme to make the Team a legal entity has been drawn up and is available to view at all the churches. There is an opportunity to comment on the draft, until 14<sup>th</sup> April.

**Starters & Sweets**: We do hope that lots of readers were able to join us and enjoy a fun evening - to be reported next time.

**Lent** begins with Ash Wednesday, on 5<sup>th</sup> March. There will be a Holy Communion Service with special ceremonies in St Mary's Diss, at 7.30pm. A Lent Course, 'Taking Risks - the hard sayings of Jesus' will be run by Canon Tony & the Readers, at the Diss Connect sessions on Tuesday evenings & Wednesday afternoons. For details, contact the Parish Office on 643783. For Lent Lunches, see below.

Sunday services continue as usual during Lent, but do note that on 9<sup>th</sup> March at 4pm Music, Praise & Worship will be at North Lopham. Canon Tony Billett will be giving a special message; the Benefice Band will lead the singing.

**Mothering Sunday** is on  $30^{th}$  March. We will have an All Age Service at 11am, in celebration of Families, especially Mothers. Do come along and join us... there will be cake and extra treats afterwards.

### **North Lopham Lent Lunches**

**You are invited** to join Church members and friends for bread, cheese and pickle lunches on Tuesdays during Lent, to raise money for Papua New Guinea, to help provide new pastors with the books and bibles they need for their work in tiny communities on the other side of the world - literally. The lunches are between 12 noon and 2pm, in venues around North Lopham - look for the locations on local posters. For further information or help with transport, just phone 01379 687679.

# The LOHP needs you!

The Little Ouse Headwaters Project, a local conservation and countryside access charity, is looking for a new volunteer treasurer.

The main duties will include:

- Production of quarterly reports and presenting these at quarterly trustees meetings.
- Completing the end of year accounts and presenting these at the AGM.
- Having a financial overview of the project and helping with financial planning.
- Attending some operations group meetings.

If you have accountancy or book keeping experience and have a little time to spare we would love to hear from you.

Contact: enquiries@lohp.org.uk or Pete Fox 07500 044587

# Lophams' Holy Bingo

Bingo continues through the winter - at 2pm in the Village Hall, on 3<sup>rd</sup> March. Please telephone 01379 687679 if you need help with transport.

# South Lopham Estates Charity

(Registered Charity No. 221724)

Any South Lopham resident in need?

Part of the purpose of this charity is to give modest sums of money (say up to £100 – but could be increased in appropriate cases) to residents of South Lopham who have a specific financial need.

We are particularly interested in helping young people with the expenses of education and training, including travel.

Other applications for consideration could include (a) anyone suffering as a result of a bereavement or an unforeseen setback; or (b) problems or expense as a result of illness in the family such as travel to a hospital or care home; or (c) to assist any resident who has insufficient disposable income to enable him/her to enjoy the occasional treat; or (d) any other cause which the Trustees consider deserving.

If you believe that you or someone in your family may qualify for such assistance would you please contact the Secretary Keeley Chapman on 01379 687985 for further details and a simple application form for completion.

If you are aware of any other resident in specific financial need please let the Secretary know so that we can approach that person to see if we can help.

Please be assured that all applications will be treated sympathetically and with complete confidentiality.

Issued on behalf of the Trustees

# North Lopham Methodist Church

Please don't forget to come forward with ideas for the further use of the Chapel and its grounds - via members of the Parish Council or Church.

The monthly informal service & Coffee Morning is becoming well established on the  $4^{\rm th}$  Wednesday each month at 10.30 am and usually includes a short service of worship followed by a Coffee Morning from 11am until 12 noon. The next is on March  $26^{\rm th}$ .

#### St Andrew's Church

A Music Praise and Worship service will be held at St. Andrew's Church at 4.00pm on Sunday  $30^{\rm th}$  March, all welcome.

#### Services for March

North Lopham South Lopham

2<sup>nd</sup> March 9.30am HC

11am Fam S

9<sup>th</sup> March

11am Fam S 4 pm MPW

16<sup>th</sup> March

11am Fam S 9.30am HC

23<sup>rd</sup> March

11am Fam S 4pm ES

30<sup>th</sup> March

11am Mothering S 4pm MPW Family Service

Contributions for next issue by;

18<sup>th</sup> MARCH

Please email to lophamsnews@gmail.com